



My kind of Kinesiology

by

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As a kinesiologist I am often questioned about my working methods. I can state here that the YES/NO answers I get to the questions I ask in order to enable me to guide my clients are sourced through the client's arms. As regards the background to this type of work, I reply openly and honestly that this information is made to emerge by my using one of the client's arms, answering my questions via muscle movements - and that the client's own guardian spirit is behind the perceptible YES/NO indications I receive and can clearly sense.

It is important for me to highlight that the prerequisite for being able to receive the replies mentioned to the questions I ask is: That the client has given me permission to test him or her beforehand, and that I cannot obtain answers if the client has not consented to this of his or her own free will.

This method of working, then, is kinesiology in its unadulterated form, pure and simple, where the questions asked are answered via muscle indications, for which the client's own guardian spirit is responsible.

In addition to this sort of work, I exploit a form of telepathy with the client's guardian spirit to a very large extent, with this form of communication in many instances taking place by means of silent dialogue, where I deem fitting and appropriate, during which I have no need to utter the questions I would like to ask and have answered, but merely make do with thinking them, whereupon I receive YES/NO indications to the questions asked, so that afterwards I can tell the client the available outcome and what suggestions and solutions the client's guardian spirit would propose for the problem in hand.

More often than not, on the basis of the replies provided, a close dialogue arises between my client and myself, in which a growing understanding of the cause of the problem is built up - and that can be done on the part of the client in order to overcome the problems causing him or her difficulties.

Over the years, on the basis of this form of therapy, I have had much experience of first treating myself and acquiring experience of many of the problems with which my clients come to me, so that I understand their difficulties.

The multitude of treatments and answers provided has led to an insight on the basis of which I dissociate myself from many misconceptions rooted in pure mysticism, like astrology, numerology, crystals etc., which in my opinion ought not to be mixed up at all with the pure form of kinesiology with the client's guardian spirit that I have been instrumental in developing, where the objective is: To view the relevant problems in the light of reality and not ancient superstition.

My cooperation with the client's guardian spirit has the very clear aim: To help the client to the point where he or she can resolve his or her personal problems in a positive and constructive fashion. Guidance via the client's guardian spirit, which knows the client's problems in every detail and whose involvement serves to develop the individual's personality; but the prerequisite for being able to do this is: that the client is geared to being willing to work to overcome the emotions causing the problems, because only the actual client and no one else can perform this crucial and altogether essential work.

Without his or her own efforts in this area, with the client actively working to nurture the more positive emotions and appreciate their significance, no results can be achieved by altering the mental state in a positive direction - surrogates in the form of ingesting earthly substances being ineffectual, because they merely defer the processing of the emotions involved.

It is my experience that the client's guardian spirit is not merely able to point out with great precision the sort of experiences at the root of the subject's problems, but that the guardian spirit can also draw attention to which emotions these experiences have created for the person in question and others - and which positive emotions need to be worked on in order to process, overcome and resolve the emotions causing the problems so that they no longer have a bearing and exert a negative influence.

Furthermore, it is my experience that, as human beings, we carry a great deal around with us from previously with which we have to come to terms, and that many problems can be traced back to previous incarnations in which the client has had traumatic experiences that have left their mark on the soul, and that were not completely assimilated in such a way as to overcome the emotions causing the problems - and that it may be necessary to retrieve these experiences to the forefront of the consciousness so that the necessary working-through process can be completed.